

# 5 Finger Prayer

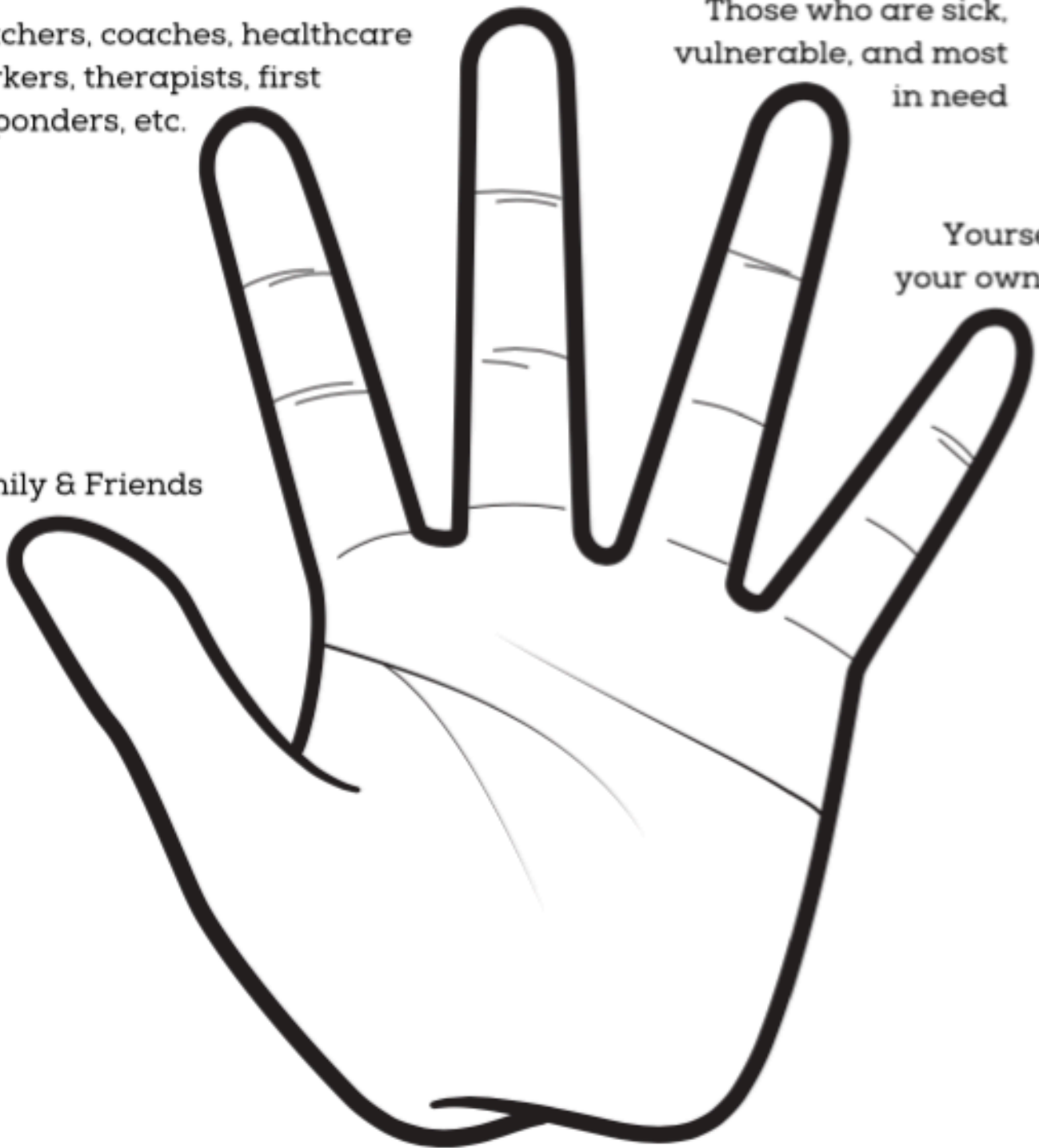
Leaders

Teachers, coaches, healthcare workers, therapists, first responders, etc.

Those who are sick, vulnerable, and most in need

Yourself and your own needs

Family & Friends



Hold out your hand, and follow the prompts to pray using each finger.